



BAGELS

(ALWAYS A BAKER'S DOZEN)

*All of our Bagels are Always Hand Rolled, Kettle Cooked
& Baked Throughout the Day on Demand*

Buy Dozen Get 3 Free!

PLAIN • SESAME • POPPY • ONION • GARLIC
EGG ONION • EVERYTHING • WHOLE WHEAT
WHOLE WHEAT EVERYTHING • CINNAMON RAISIN
SALT • EGG EVERYTHING • EGG • WHEAT SESAME
PUMPERNICKEL • EGG SESAME • WHEAT ONION
PUMPERNICKEL RAISIN • BIALYS & MORE...

\$1.50 each

Dozen: \$18.00 + 3 free - (\$13.00 after 2:30 PM)

Half Dozen: \$9.00

FLAT BAGELS, RAINBOW
LOW CARB & SPECIALTY BAGELS

\$2.10 each

Dozen: \$25.00

Half Dozen: \$12.50

MINI BAGELS

\$1.10 each

Dozen: \$13.00

Half Dozen: \$6.50

TRY OUR DELICIOUS PIZZA BAGEL \$8.99

If you have food allergies, please let us know - Prices Subject to Change - Tax not Included



BOAR'S HEAD SANDWICHES & PRODUCTS

All Boar's Head Sandwiches are Served with a Pickle and Side Salad

	ON A BAGEL		BY THE 1/2 LB
HAM (ANY TYPE)	\$9.99		\$7.99
TURKEY (ANY TYPE)	\$9.99		\$7.99
TOP ROUND ROAST BEEF	\$10.99		\$8.99
PASTRAMI	\$9.99		\$7.99
SALAMI OR PEPPERONI	\$9.99		\$7.99
HAM CAPICOLA	\$9.99		\$7.99
BOLOGNA	\$8.49		\$6.49
CHEESE (ANY KIND)	\$7.49		\$5.99

EXTRAS

HERO:	\$1.00	LETTUCE:	\$0.75
TOMATOES:	\$0.99	CHEESE:	\$0.99

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BAGEL
OF STONY BROOK



BREAKFAST WRAPS

(Plain, Spinach, Tomatoe, Whole Wheat)

BW1 - EGGS OR EGG WHITES, SPINACH, MUSHROOMS & BROCCOLI	\$7.99
BW2 - EGGS, EGG WHITES, GRILLED CHICKEN & CARAMELIZED ONIONS	\$8.99
BW3 - EGGS OR EGG WHITES, SLICED LOX & CARAMELIZED ONIONS	\$9.99
BW4 - EGGS OR EGG WHITES, CRACKED PEPPER TURKEY, HAM PEPPERS, ONIONS & HOT SAUCE	\$9.99
BW5 - EGGS OR EGG WHITES, GRILLED CHICKEN & SPINACH	\$9.49
BW6 - EGG WHITES, GRILLED CHICKEN, JALAPENOS & CHEDDAR CHEESE	\$9.49
BW7 - EGG WHITES, GRILLED CHICKEN, SPINACH & CHEDDAR CHEESE	\$9.99

Create your own wrap! You pick it, we wrap it!

GREAT ADD-ONS:

AVOCADO	\$2.00	SIDE OF HOME FRIES	\$3.99
ANY CHEESE	\$0.99	TOMATOES	\$0.99
HASH BROWN	\$1.75	BACON, HAM OR SAUSAGE	\$1.75
HERO	\$1.00		

BREAKFAST BOX

(\$10.99)

**3 EGGS ANY STYLE WITH HAM, BACON & SAUSAGE.
(INCLUDES BAGEL WITH CREAM CHEESE OR BUTTER,
HOME FRIES &, 12 OZ COFFEE OR TEA)**

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BAGEL
OF STONY BROOK



Cafe

COFFEE

12 OUNCE • **16 OUNCE** • **20 OUNCE**
\$2.25 • **\$2.99** • **\$3.25**

ICED COFFEE / ICED DECAF / FLAVORED ICED COFFEE
ICED TEA / PINK LEMONADE

24 OUNCE • **32 OUNCE**
\$3.25 • **\$3.99**

ASSORTED MUFFINS & MINI MUFFINS

Buy 3 Get 1 Free Every Day - Platters Available!

BLUEBERRY • CHOCOLATE CHIP
CORN • RED VELVET
CARROT BRAN • DOUBLE CHOCOLATE
RAISIN BRAN • PISTACHIO
MIXED BERRY • CAPPUCINO
MORE...

\$3.50 each

ALSO AVAILABLE DELICIOUS DANISHES, TURNOVERS AND COOKIES

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BAGEL
OF STONY BROOK



CREAM CHEESE & SPREADS

We only use Philadelphia Cream Cheese, Check our weekly Cream Cheese Special!

	<u>ON A BAGEL</u>	<u>BY THE 1/2 LB.</u>
BUTTER	\$3.00	\$6.25
PLAIN	\$3.50	\$6.25
LITE PLAIN	\$3.50	\$6.25
VEGETABLE	\$4.75	\$6.99
LITE VEGETABLE	\$4.75	\$6.99
OLIVE	\$4.75	\$6.99
SCALLION	\$4.75	\$6.99
LITE SCALLION	\$4.75	\$6.99
LOX	\$5.50	\$7.25
LITE LOX	\$5.50	\$7.25
CINNAMON RAISIN	\$5.50	\$7.25
CHOCOLATE CHIP	\$5.50	\$7.25
SUNDRIED TOMATO JALAPENO	\$5.50	\$7.25
STRAWBERRY	\$5.50	\$7.25
BACON GARLIC CHEDDAR	\$5.50	\$7.25
PEANUT BUTTER AND JELLY	\$5.50	N/A
SPECIALTY CREAM CHEESE	\$5.50	\$7.25

HOT SOUPS

16 OUNCE AND 32 OUNCE
CALL FOR SOUP OF THE DAY

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OF STONY BROOK



Cafe

FROM THE GRILL

EGGS/EGG WHITES ON A BAGEL OR ROLL	\$3.99
EGGS/EGG WHITES WITH HAM, BACON OR TURKEY	\$5.99
EGGS/EGG WHITES WITH SAUSAGE	\$5.99
CHALLAH FRENCH TOAST (3 PIECES)	\$8.99
WESTERN OMELETTE INCLUDES HOME FRIES	\$9.99
AVOCADO TOAST	\$9.99
LEO: LOX, EGGS & ONIONS	\$10.99
INSIDE OUT GRILLED CHEESE <i>"A Classic with a Twist"</i>	\$10.99
HEARTH ATTACK: 3 EGGS, HAM, BACON SAUSAGE & CHEESE ON A HERO	\$11.99

GREAT ADD-ONS:

AVOCADO	\$2.00	SIDE OF HOME FRIES	\$3.99
ANY CHEESE	\$0.99	TOMATOES	\$0.99
HASH BROWN	\$1.75	BACON, HAM OR SAUSAGE	\$1.75
HERO	\$1.00		

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BAGEL
OF STONY BROOK



Cafe

PANINIS

WE ONLY USE FULL LINE of BOAR'S HEAD PRODUCTS

*(All Grilled Sandwiches on European Flatbread & Served with a Choice of our
Homemade Side Salads & Pickles)*

\$13.95

1. NORTHSIDE

*Fresh Maple Glazed Turkey
Swiss Cheese, Coleslaw
& Honey Mustard*

4. TUSCANO

*Grilled Chicken, Grilled
Peppers, Lettuce, Tomatoes
& Russian Dressing*

2. RANCH

*Breaded Chicken Cutlet
Crispy Bacon, Cheddar Cheese
Lettuce, Tomatoes
& Russian Dressing*

5. CHICKEN PARM

*Chicken Cutlet, Fresh Mozzarella
Marinara Sauce, Fresh Basil
& Grated Cheese*

3. MONTE'S REVENGE

*Layers of Ham, Smoked Turkey
Swiss Cheese, Cheddar Cheese
Lettuce, Tomatoes
& Honey Mustard Dressing*

6. EGGPLANT PARM

*Breaded Eggplants, Fresh Mozzarella
Marinara Sauce Fresh Basil
& Grated Cheese*

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BAGEL

OF STONY BROOK



SALADS & MORE

*All Sandwiches are Served with a Pickle and Side Salad.
Our Salads are Prepared Fresh Daily and with Only Quality Ingredients!*

	<u>ON A BAGEL</u>	<u>BY THE 1/2 LB</u>
CLASSIC TUNA SALAD	\$11.49	\$8.99
CLASSIC LITE TUNA SALAD	\$11.49	\$8.99
VEGETABLE TUNA SALAD	\$11.49	\$8.99
CLASSIC CHICKEN SALAD	\$11.49	\$8.99
CLASSIC LITE CHICKEN SALAD	\$11.49	\$8.99
VEGETABLE CHICKEN SALAD	\$11.49	\$8.99
THAI CHICKEN SALAD (CONTAINS PEANUTS)	\$11.49	\$8.99
CRANBERRY CHICKEN SALAD	\$11.49	\$8.99
GRILLED HONEY MUSTARD CHICKEN SALAD	\$11.49	\$8.99
CHICKEN CUTLETS	\$9.99	M/P
GRILLED VEGETABLES SALAD	\$7.99	\$6.99
EGG SALAD	\$8.99	\$6.99
EGG, MUSHROOM & ONION SALAD	\$8.99	\$6.99
EGG WHITE SALAD	\$8.99	\$7.49
CHUNKY WHITEFISH SALAD	\$11.99	\$13.99
CHUNKY BAKED SALMON SALAD	\$11.99	\$13.99
HAND CARVED NOVA LOX/BELLY LOX	\$12.99	\$33.99
BAKED SALMON FISH	\$12.99	\$33.99
CHOPPED HERRING (SPECIAL ORDER)	\$7.99	\$7.99
HERRING FILETS (SPECIAL ORDER)		\$4.99 each
GRILLED & LOADED POTATO KNISH		\$13.95
<i>(Pastrami, Turkey, Ham or Bacon, Cheese & Red Onion)</i>		

SIDE SALADS

MACARONI SALAD, POTATO SALAD, COLESLAW, BEAN SALAD.
(\$7.99 lb.)

CUCUMBER DILL SALAD, SPINACH FETA SALAD, PASTA SALAD, ISRAELI SALAD.
(\$8.99 lb.)

BAGEL
OF STONY BROOK



Cafe

SANDWICHES

WE ONLY USE FULL LINE of BOAR'S HEAD PRODUCTS

*All Sandwiches Served with a Choice of our Homemade Side Salads & Pickles
Pick Your Bread (Bagel - Hero - Roll - Wrap)*

\$13.95

**1. ROAST BEEF OR
TURKEY MELT**

*Hot Roast Beef or Turkey
Melted Mozzarella on
Toasted Garlic Bread*

2. SEAWOLF

*Chicken Cutlets, Melted
American Cheese, Lettuce,
Tomatoes & Russian Dressing*

3. GOODFELLA

*Ham Capicola, Salami, Pepperoni
Provolone, Roasted Peppers
Oil & Vinegar*

4. B.L.T.

*Crispy Bacon
Lettuce, Tomatoes
& Mayonnaise*

5. BUFFALO BILL

*Chicken Cutlets, Lettuce
Hot Sauce & Blue Cheese
Dressing*

6. THE CLUB

*Turkey, Bacon
Lettuce, Tomatoes
& Mayonnaise*

7. SIR LOX-A-LOT (\$14.95)

*Hand Carved Nova or Belly
with Scallion Cream Cheese
Tomatoes, Onions & Cucumbers
on Everything Bagel*

8. BUBBALICIOUS

*Fried Chicken Cutlets,
Melted Mozzarella, Crispy Bacon
& Spicy BBQ Sauce*

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Cafe

SANDWICHES

WE ONLY USE FULL LINE of BOAR'S HEAD PRODUCTS

*All Sandwiches Served with a Choice of our Homemade Side Salads & Pickles
Lettuce Wrap \$1.00 extra*

\$13.95

9. REUBEN

*Hot Pastrami, Melted Swiss Cheese
Coleslaw & Russian Dressing
on Toasted Rye Bread*

13. PHILLY CHEESE STEAK

*1/2 lb. of Grilled Top Round Beef
Sauteed Peppers & Onions Piled
High on a 10" Italian Hero &
Smothered with Authentic Style
Philly Cheese Sauce (\$14.95)*

10. CHICKEN TUSCANY

*Grilled Chicken, Fresh Mozzarella
Lettuce, Tomatoes, Roasted Red
Peppers, Red Bermuda Onions &
Homemade Balsamic Vinaigrette*

14. MANHATTAN SPECIAL

*Grilled Roast Beef with Sauteed
Onions, Crispy Bacon Strips
& Melted Mozzarella Served on a
10" Toasted Garlic Hero & Topped
with Mayonnaise (\$15.95)*

11. THE 347

*Breaded Eggplants, sliced Turkey
Fresh Mozzarella, Sliced
Tomatoes & Sundried Tomatoes*

15. MONTE CRISTO

*Oven Gold Turkey Breast, Ham &
Domestic Swiss Cheese, All Grilled
to Perfection & Served on Battered
Challah Bread. Topped with
Russian Dressing (\$14.95)*

12. AMERICANA

*Ham, Turkey or Corned Beef,
Melted Swiss Cheese, Coleslaw &
Russian Dressing on Toasted Rye*

16. TURKEY REUBEN

*Lean Low Fat Turkey Breast
Melted Domestic Swiss Cheese,
Coleslaw & Low Fat Russian
Dressing. Served on Lightly Grilled
Whole Wheat Bread (\$14.95)*

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WRAPS

WE ONLY USE FULL LINE of BOAR'S HEAD PRODUCTS

*(Plain, Garlic & Herb or Whole Wheat All Served with a Choice of our
Homemade Side Salads & Pickles)*

\$13.95

1. ANY CHICKEN SALAD

with Lettuce & Tomatoes

2. ANY TUNA SALAD

with Lettuce & Tomatoes

3. HAIL CAESAR

*Grilled Chicken, Lettuce
Croutons and Caesar Dressing*

4. THREE VILLAGE

*Grilled Chicken, Roasted Peppers,
Melted Mozzarella
& Balsamic Vinaigrette*

5. GRILLED VEGETABLES

MEDLEY

with Hummus

6. LAKE GROVER

*Cracked Pepper Turkey, Roasted
Peppers, Grilled Onions with
Spicy Jalapeno Mayo (pink sauce)*

7. STONY BROOK

*Turkey Breast, Alpine Swiss
Avocados & Coleslaw*

8. L.I.E.

*Sliced Grilled Chicken or
Grilled Honey Mustard Chicken Salad
with Lettuce, Tomatoes
& Honey Mustard Dressing*

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